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One-Pot Pasta: From Pot To Plate In Under 30 Minutes



Synopsis

Over 30 delicious dishes that cook in one pot in under 30 minutes Quick to cook, nutritious, and filling, there is often nothing more satisfying than a bowl of pasta. In One-Pot Pasta, Sabrina Fauda-RÃfÂle takes it to new heights as she shares all her favorite ways to cook a delicious mid-week meal at record speed! With a stylish design and chapters covering Meat, Seafood, Vegetarian and Cheese, Sabrina cooks up fresh, fun, and easy recipes, from a classic spaghetti with meatballs to interesting flavor combinations such as pasta with curried carrots and sesame seeds. Sabrina's magic method works with a wide variety of pasta types and shapes. All the ingredients go into one pot, which cooks over a medium heat for 15 minutes. After resting off the heat for 5 minutes, all the dishes are ready to top and serve. One-Pot Pasta shows that even after a long day at work anyone can prepare a hearty, healthy, and delicious supper in under half an hour.

Book Information

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Customer Reviews

"It's not too often you see a cookbook with a five-star review, but One-Pot Pasta by Sabrina Fauda-Role has earned it . Though the technique sounds simple enough (throw everything in a pot and simmer away), it's flawless because weighted measurements are required." - PopSugar

SABRINA FAUDA RÃfÂLE is a writer and food stylist whose work has been featured in many cookbooks. She lives in France.

Great cookbook, beautiful photos, easy delicious recipes.

Glad I ordered this book - recipes are easy to make and food is good. And I like the illustrations!

Recipes not as interesting as I thought they might be.

Not as many good recipes as I was hoping for but the ones they have are very good.

I really like this . though I have to take book with me to store. So far very delicious.

great

To describe my level of culinary prowess: one level above peanut butter and jelly. Thanks to this book I've been hitting well above my weight class in the kitchen. Highly recommended. The philosophy of this book is to use rich, flavorful ingredients and then use the starch released by the cooking process to give the sauce a nice creaminess. I've prepared the capers, tuna and Parmesan (substituting spaghetti and sardines); the leeks and mackerel (subbing in fusilli); and the spaghetti with courgettes and prawns (subbing ricotta). Everything goes in one pot, in the order listed, and cooking time is about 15 minutes. Prep to table is about 30-45 minutes. The recipes are well-proportioned for substitutions. Glad I picked it up!

i saw a review of this in my local news paper and tried it. loved how it came out and i love the basic one pot idea. the illustrations are colorful and very inviting. the recipes aren't your everyday boring pasta dishes. cream cheese as an ingredient gives these dishes a creamy depth. take pics of your recipes and you'll be able to pick up the ingredients when you're at the store next. didn't care for the lardone/bacon texture when it was boiled with the rest so i fry those up later and add at the end. i use GF pasta with these and they turn out great. i have already bought another for a gift. these are easy to substitute items to mix things up and i've made them vegetarian also.

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